

G.L.O.W.

God's Ladies Of the Word



Enjoying Jesus - With Purpose

Our summer series. We are meeting the 2nd and 4th Tuesday mornings at 9:30am at Rhonda's house where we are exploring 12 Spiritual Disciplines with *intention*...to share hope and unshakable joy with the next generation. Call Rhonda for more information and directions. Childcare is available with 48 hr advance notice .

Rhonda:
360.521.5671

Jenn (childcare):
402.321.7180

A Sabbath for Your Soul

Our Spring. Women's Retreat in Lincoln City, OR was a call to

reclaim our souls for Christ by recognizing three "thieves" of our Sabbath - the Fear of Deaths, False Identity and Faith in a Weak God. By fearing the death of a dream, expectation or relationship we often forfeit God's best. Taking up our cross daily is letting go of our grip on the things or people we hold so tightly that we've cut off all hope of seeing the God Who holds

1

STOP

Take captive every thought.

2 Cor 10:5

2

CEASE

Do not conform to the pattern of this world.

Rom 12:1,2

3

PAUSE

Come to Jesus all who are weary...and rest.

Matt 11:28

everyone and everything together. Believing we are less than who God says we are - His child, His beloved, His bride - gives the thief who seeks to kill and destroy us a grave victory. We do not walk in God's love or strength when we disbelieve our membership in His family or worthiness of His inheritance. Embracing the lie we cannot stop for a moment or everything falls apart forfeits our gift of Sabbath rest, an *action* word of *creating space* for God to work rather than surrendering to "whatever happens". It's a gift worth fighting for and not easily won if we remain on the hamster wheel of busyness and distractions. There we become as parched and barren as an uprooted and unwatered tree. But, when we stop to take captive our routine thoughts, cease responding with our old habits and pause in His presence, we find *For in Christ all the fullness of Deity dwells in bodily form, and in Christ we have been made complete, and He is the head over all rule and authority, Colossians 2:9-10.* And there we Sabbath. There we trust. There we find *how great is our God.*



Come to me, all you that are weary and are carrying heavy burdens, and I will

give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. —Matthew 11:28-29

“How difficult is it to avoid having a special standard for oneself.”

—C.S. Lewis, *Letters to an American Lady*

FROM THE PAGES OF . . . GOD'S PLAN FOR YOUR LIFE, EMBRACING CHANGE, FREEMAN-SMITH

“Whether you realize it or not, opportunities are whirling around you like stars crossing the night sky: beautiful to observe, but too numerous to count. Yet you may be too concerned with the challenges of everyday living to notice those opportunities. That's why you should slow down occasionally, catch your breath, and focus your thoughts on two things: the talents God has given you and the opportunities that He has placed before you. God is leading you in the directions of those opportunities. Your task is to watch carefully, to pray fervently, and to act accordingly.

